

## HACVS E-bulletin Number 04 - HW '10

Due to the increase in the amount of information that needs to be cascaded out to our members, we have decided to introduce two categories of e-bulletins. One will be a specialist 'Health and Wellbeing' bulletin which will refer mainly to information around the health and wellbeing agenda, and the other will be a 'General' bulletin which will refer to everything else. These will be indicated by the suffixes 'HW' or 'G' respectively. We have also decided to commence at number one each year and to detail the current year for our own reference and ease of filing. We hope that you will find these improvements to be of benefit.

(1) It's 'Healthy Heart' Month in West Sussex! – Media release (2) The Loop – Election Special  
(3) Patients Put In Charge of Healthcare – Media release

Dear Members,

- 1 Get red-dy to look after your heart – It's 'Healthy Heart' month in West Sussex! As part of National Heart Month, throughout February NHS West Sussex will be raising awareness of how people can look after their hearts..... [Read more...](#)
- 2 The election for people to sit on the new Patient and Public Council will close at noon on 26 Feb. Please see the [attachment](#): Election
- 3 NHS West Sussex is one of the first trusts in the country to introduce a scheme to let patients decide what healthcare is best for them. Please read more in the [attachment](#): PatientsInCharge

*Janet Brown*  
Manager

Please note below our new email address for all general communications – all previous email addresses are now obsolete and should no longer be used, thank you.

Horsham Area Council for Voluntary Service  
Lavinia House  
Dukes Square  
Denne Road  
Horsham  
West Sussex  
RH12 1GZ

Telephone : 01403 255277 Email : <mailto:janetbrown@hacvs.org> <http://www.hacvs.org>  
Charity Number:1117718 Company Limited By Guarantee Number:5999908 Registered in England & Wales

The information contained in this email is intended for use of the addressee only. Any dissemination, distribution, copying or use of this communication is at the discretion of the addressee only. Every effort has been made to ensure that any attachment does not contain a virus. While every reasonable precaution has been taken to minimise the risk, neither **HACVS** nor the sender accept liability for any damage which you sustain as a result of software viruses. You may wish to carry out your own virus checks before opening any attachments

