

HACVS E-bulletin Number 08-HW-2010

Due to the increase in the amount of information that needs to be cascaded out to our members, we have decided to introduce two categories of e-bulletins. One will be a specialist 'Health and Wellbeing' bulletin which will refer mainly to information around the health and wellbeing agenda, and the other will be a 'General' bulletin which will refer to everything else. These will be indicated by the suffixes 'HW' or 'G' respectively. We have also decided to commence at number one each year and to detail the current year for our own reference and ease of filing. We hope that you will find these improvements to be of benefit.

(1) Living well in the South East - planning homes and services for our lifetime (2) West Sussex LINK Advocacy focus group invitation (3) International Women's Day - 27th March '10 (4) Locality Health Improvement - transfer of roles (5) NHS West Sussex's eBulletin (issue 49) now available online (6) Avoid fatty food and look after your heart (7) Invitation to join WSSSEN Peer to Peer Support Group

Dear Members,

- 1 Please find attached information about an event on 25 March 2010 in London called "Living well in the South East - planning homes and services for our lifetime".
Attachments: Living_flyer & Living_programme
- 2 The attached programme and invitation is for a West Sussex LINK Advocacy focus group event in Billingshurst on 12/3/10 which staff, volunteers and service users are very welcome to attend. **Attachments:** Focus_invitation & Focus_programme
- 3 Please find attached a flyer informing you about International Women's Day being held at The Hawth on 27th March. **Attachment:** Women's_day
- 4 An introduction from Graeme Potter, the Locality Health Improvement Manager in Crawley, who also now covers Horsham and Mid Sussex is **attached** Graeme_Potter.
- 5 The latest eBulletin from NHS West Sussex is now available on their website at: www.westsussex.nhs.uk/news-and-events/west-sussex-ebulletins. Issue 49 includes updates on their plans to integrate West Sussex Health (Community Services) with South Downs Health NHS Trust, the closure of the National Pandemic Flu Service and a national screening programme to combat bowel cancer.
- 6 Please see the latest media release from NHS West Sussex - Avoid fatty food and look after your heart. "Many of you will be giving up chocolate or alcohol during Lent, but health experts in West Sussex are encouraging everyone to cut out fatty foods and look after your hearts as part of National Heart Month.." [Read more...](#)
- 7 Invitation to Organisations that provide services to people with learning difficulties and/or other support needs to join WSSSEN Peer to Peer Support Group.

The group will meet on a regular basis throughout the year between March and December 2010. Sessions will last about 2 hours and will be facilitated by Barbara Beaton from WSSSEN.

The aim will be to encourage the sharing of best practice between Social Enterprises around common issues for the mutual benefit of group members. There will be an opportunity to learn from and support each other.

WSSSEN has obtained funding to set up peer support networks in W Sussex as part of the Keep Sussex Working initiative.

To apply please email Barbara Beaton at Barbara.beaton@ruralsussex.org.uk

There are only a few places still available and the deadline to apply is Tuesday 9th March.

JANET BROWN

Manager

Please note below our new email address for all general communications – all previous email addresses are now obsolete and should no longer be used, thank you.

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