

HACVS E-bulletin Number 10-HW-2010

Due to the increase in the amount of information that needs to be cascaded out to our members, we have decided to introduce two categories of e-bulletins. One will be a specialist 'Health and Wellbeing' bulletin which will refer mainly to information around the health and wellbeing agenda, and the other will be a 'General' bulletin which will refer to everything else. These will be indicated by the suffixes 'HW' or 'G' respectively. We have also decided to commence at number one each year and to detail the current year for our own reference and ease of filing. We hope that you will find these improvements to be of benefit.

(1) Walking Fun For All the Family (2) Family Support & Invite to Free Annual Conference (3) Improving Mental Health Services in West Sussex

Dear Members,

1 Please see the new Health Walks programme from Horsham District Council covering walks taking place across the District from April through to August. **Attachment:** WalkingFun

2 Families and Friends Network supports anyone affected by someone else's drug use/drinking in West Sussex. Please see attachment on where to go for help with this problem. Also attached is an invitation to the annual conference, a booking form and details of the agenda. The free conference on Thursday 29th April in Brighton is for families affected by drugs/alcohol and also anyone who works in the substance use or related fields. **Attachments:** FS_Help FS_Invitation FS_BookingForm FS_Agenda

3 Please see the attachments regarding plans for improving mental health services in West Sussex. **Attachments:** MentalHealthPlans MentalHealthNewsletter

Janet Brown

Manager

Please note below our new email address for all general communications – all previous email addresses are now obsolete and should no longer be used, thank you.

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