



# MENTAL HEALTH FORUM

**TUESDAY 14th September 2010, 10 to 12**

**LAVINIA HOUSE, HORSHAM  
(Dukes Square, Denne Road, Horsham, West Sussex, RH12 1GZ)**

**Light refreshments will be available afterwards and  
everyone is welcome to stay for networking.**

**Do please bring along any of your organisation's leaflets and literature for sharing.**

- One in four working age adults experience mental health problems at any one time, mental health problems affect between 10 and 20% of children and adolescents. *(NHS West Sussex)*
- Dementia affects one in four people over the age of 85. *(NHS West Sussex)*

**The purpose of the forum is to gain further understanding of issues associated with mental ill health, to create an awareness of the voluntary and community services that are available and to share information with one another about those services.**

**These Forums will be open to all interested individuals. Further dates planned during 2010:-**

- 14<sup>th</sup> September 2010 (Lavinia House, Horsham)
- 10<sup>th</sup> November 2010 (The Orchard, Crawley)