

HACVS E-bulletin Number 37-HW-2010

Due to the increase in the amount of information that needs to be cascaded out to our members, we have decided to introduce two categories of e-bulletins. One will be a specialist 'Health and Wellbeing' bulletin which will refer mainly to information around the health and wellbeing agenda, and the other will be a 'General' bulletin which will refer to everything else. These will be indicated by the suffixes 'HW' or 'G' respectively. We have also decided to commence at number one each year and to detail the current year for our own reference and ease of filing. We hope that you will find these improvements to be of benefit.

(1) Review of Patient Transport Services (2) Get Active Festival (3) Mental Health Forum
(4) Life is for Living (5) Seminar: Setting Up a Lunch Club

Dear Members,

- 1 Sussex Partnership NHS Foundation Trust wants to improve their non-urgent patient transport service. Six events are being held for the people who use this service to get involved and to give their views. Please see the schedule and invitation in the **attachment:** PatientTransport
- 2 There will be a free 'Get Active Festival' in Chichester on Sunday 12 September. For further details please call 01243 534799 or see www.chichester.gov.uk and see the **attachment:** GetActive
- 3 There will be a Mental Health Forum, open to all, in Horsham on Tuesday 14 September, with another planned for Wednesday 10 November in Crawley. For details please see the **attachment:** MentalHealthForum
- 4 For people over 50 who want the most from life, there will be free activities and entertainment at the Broadbridge Heath Sports Centre on Thursday 30 September. For details please see the **attachment:** LIFL
- 5 A seminar will be held in Billingshurst on Thursday 18 November. This one-day event is for anyone who thinks that a social club, including some kind of nutritious meal provision, would be a welcome addition to the community. The aim is to encourage more lunch clubs in rural areas to reduce isolation and bring health and wellbeing activities to communities, regardless of age. Although the venue is in the Horsham district, this will be open to both Chichester and Horsham communities firstly (with other districts if space allows), because it is funded by NHS Pathfinder programme, which is currently active in those districts. Please see the **attachments:** LunchClub_Programme LunchClub_BookingForm

JANE BROWN
Manager

Please note below our new email address for all general communications – all previous email addresses are now obsolete and should no longer be used, thank you.

Horsham Area Council for Voluntary Service
Lavinia House
Dukes Square
Denne Road
Horsham
West Sussex
RH12 1GZ

Telephone : **01403 255277** Email : <mailto:janetbrown@hacvs.org> <http://www.hacvs.org>
Charity Number:**1117718** Company Limited By Guarantee Number:**5999908** Registered in England & Wales

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