

E-bulletin April 24th 2009

(1) Internet Safety Training (2) Fuel Poverty training sessions

Dear members,

(1) Please see attachment regarding Internet Safety training.

(2) Rebecca Jones, **Fuel Poverty Coordinator** - working on behalf of the West Sussex Healthy Homes Partnership, writes ...

I am running two training sessions for fuel poverty issues in the county in the next few weeks - both have spaces available still.

Living in a cold home can lead to or worsen a large number of health problems including heart disease, stroke, respiratory illness, falls, asthma and mental health problems. Although these health risks apply to all people, the old, children and those who are disabled or have a long-term illness are especially vulnerable. People in these risk groups are found in more than half of UK households.

Help is available for many people in these high risk groups, but often people are not aware that they are at risk or that help is available. All those who have contact with vulnerable people can help by making themselves aware of how to identify someone at risk of fuel poverty and passing on information on sources of help and practical support. To this end Rebecca Jones, Fuel Poverty Co-coordinator for the West Sussex Healthy Homes Partnership has organised a short workshop on Fuel poverty and it's effects on people in West Sussex.

The training will provide:

- An understanding of what fuel poverty is and what you can do to help
- Information on the health implications of fuel poverty
- How to identify signs of fuel poverty in peoples homes
- Sources of advice and information
- Information on the kinds of help your patients/clients could receive

Details:

Wednesday 29th April, 10.30 - 11.45, Arun Civic Centre, Maltravers Rd, Littlehampton BN17 5LF

Thursday 7th May, 10.30 - 11.45 Crawley Town Hall, The Boulevard, Crawley RH10 1UZ

Please contact me as soon as possible if you would like to attend or please pass this information on to colleagues.

Many thanks –
Janet

Attachments: [Internet Safety](#)

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