

E-bulletin February 10th 2009

(1) West Sussex LINK Information (2) Job Advert - Springboard Project (3) New art courses (4) Promoting Emotional Resilience (5) Safeguarding Survivors and Services Regional Roadshows (6) Issue 40 West Sussex PCT

Dear members,

- 1 Please see the attached West Sussex Newsletter for January 09. If you are interested in registering for further information about the LINK, could you complete the postal/contact details but also let Jo Fisher know so that she can add them to the local registration list. They will be going through the LINK election process to the 'Stewardship Group' soon so are trying to get the West Sussex electorate as high and wide as possible. If you have any questions, some relevant URLs are below:
<http://www.makesachange.org.uk/home.aspx>
http://www.dh.gov.uk/en/Managingyourorganisation/PatientAndPublicinvolvement/dh_076366
If you would like to meet Jo Fisher, Development officer LINKs, in the near future please contact her either via email or call 07717702122.
- 2 We have been asked to circulate the attached job advertisement for The Springboard project.
- 3 Mind Learning Initiatives are launching 2 new courses in February 2009; see the attached files for more details:
 - 1) A new Art class in Horsham due to popular demand. This course will start on 23.2.09 and will run from 10-12 at the Drill Hall in Horsham every Monday for 5 weeks.
 - 2) A new Creative Arts (card making, rubber stamping and scrap booking) course in Crawley which will start on 26th Feb from 1-3pm at Thomas Bennet Community College and will run every Thursday for 5 weeks.If you wish to enrol anyone on either of these courses please contact Com O'Malley at Mind Learning initiatives 01403 750166 or email com.omalley@mindcharity.co.uk
They would really appreciate it if you could print off the attached posters advertising the courses and put them up if you think any service users or carers may be interested.
- 4 The link below leads to an attached document 'Promoting Emotional Resilience' - A resource pack for helping 'children and young people to find ways to function in a world where bad things happen' – which may be of use to you.
<http://wsgfl.westsussex.gov.uk/ccm/content/curriculum/inclusion-and-equalities/9-inclusion-of-learners-with-social-emotional-and-behavioural-difficulties/emotional-resilience/promoting-emotional-resilience.en;jsessionid=aYUAL0Zcj1gg>
- 5 There will be a **Safeguarding Survivors and Services Regional Roadshow** in the South East of England - 27th March, 10am - 4pm at Agriculture , Early Gate , University of Reading, Whiteknights, Reading. There are still limited places available for this free event, so **book now!**
A Women's Aid initiative in partnership with the Home Office, and in consultation with regional government offices and the Audit Commission.
Please email **Katie Ross** or call 01179 837 121 for more information or to book your place. More information will be available **on their website** shortly.

- 6 The latest issue of West Sussex PCT's eBulletin is now available on the PCT website at <http://www.westsussexpct.nhs.uk/news-and-events/west-sussex-ebulletins/>
Issue 40 includes information on:
- The publication of the NHS constitution
 - Fit for the Future next steps
 - The review of services in the north-east of the county
 - Improving access to health services in rural areas
 - New drug and alcohol treatment services for West sussex
 - The official opening of the sexual assault referral centre at Crawley hospital
 - 2009 Best of Health Awards
 - Upcoming Board meetings
 - Regional roadshows on personalising care and support

Many thanks –
Janet

Attachments:

[Newsletter](#) [Springboard](#) [Arts](#) [Extra Art](#)

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