

E-bulletin November 20th 2008

(1) Help with Home Heating (2) Are your children scared by smoking? (3) Local people to benefit from Bowel Cancer Screening

Dear Members,

I hope the following may be of interest to you:-

- 1 Help with home heating & insulation costs: please find attached a news item from Horsham District Council.

- 2 Please see the latest release from West Sussex Primary Care Trust - Are your children scared by your smoking? "West Sussex Primary Care Trust (PCT) is welcoming a brand new advertising campaign that portrays children's fear of parents dying because of smoking...."
[Read more....](#)
If you have any questions or queries please don't hesitate to call:
Laura Skelcey, Press and Public Relations Officer, West Sussex Primary Care Trust
Direct line: 01903 707447
Email: laura.skelcey@westsussexpct.nhs.uk

- 3 Please see the latest release from West Sussex Primary Care Trust - Local people to benefit from bowel cancer screening. "Men and women in Brighton and Hove, East Sussex and parts of West Sussex are being invited to take part in a national screening programme for bowel cancer...."
[Read more...](#)
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- 4 Attached is a flyer for the latest forum on 5th December 2008. This includes a tear-off slip which needs to be returned to the address provided as soon as possible. If you have already applied for this forum you do not need to apply again.

- 5 Fit as a Fiddle:
 - is a new Age Concern national 4.5 year programme designed to help older people remain fit and active well into their older age.
 - is supported by a £15.25 million grant from the Big Lottery's Well-being programme and is being delivered by ACE.
 - aims to create partnerships within the community and provide funding to set up Active networks of physical activity and/or health eating. Active networks are 8 weeks programmes, with at least 12 participants, which are preferable have sustainability. (Tory said there is some flexibility around this element of criteria).

Funding is available to support the set-up of new groups that offer older people the opportunity to become more physically active and/or improve their culinary skills and knowledge to enable them to eat healthily. Applications for up to £1000 (or £1500 if projects benefits hard-to-reach older people) accepted for both revenue and capital expenditure. Tory Lawrence (leading on this Age Concern England initiative for Sussex) said she would be happy to talk to anyone thinking about submitting an application and offer advice/guidance to potential applicants. Attached is further information about this new funding stream.

Many thanks

Janet

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