



South East region update

Millennium Now – open for applications



Thousands of people have told BIG where it should be investing its £10 million Millennium Now funding to make lives better for the future.

In response Millennium Now will make five grants of between £1,500,000 and £2,000,000 for projects running over two years. Applications must specifically address one of the Millennium Now project types and meet all three of the following outcomes:

- Creating stronger connections between people and communities
- Developing creative projects that have UK-wide relevance
- Communities are involved in designing and delivering projects.

The five Millennium Now project types are:

1. Helping disadvantaged families to be healthy and live well
2. Helping different generations to share their skills with each other
3. Getting communities volunteering to address environmental issues
4. Bringing communities together to tackle local issues
5. Helping disadvantaged young people to learn new career-based skills

The journeys of the five projects that receive funding will be filmed by Channel 4 for a new television series due to air in late 2012. Organisations that are thinking of applying will need to show willingness to be filmed throughout the development of their project as this is a key requirement of the programme.

Projects must attend a briefing event in order to apply. For full programme information and how to apply visit: www.biglotteryfund.org.uk/mnow

Over half a million “Awards for All” funding in the South East



This month 71 projects across the south east are celebrating their share of £574,765 Awards for All funding.

Locally, **Rustington Parish Council** in West Sussex will use its £10,000 grant to install an outdoor gym at the local recreation ground. This new facility will be open to the whole community to help improve health and fitness.

If you have a community project which is looking for a small grant, visit our Awards for All website at <http://www.awardsforall.org.uk/england/index.html> to see how easy it is to apply. We offer grants from £300 up to £10,000 to voluntary or community organisations, schools, health bodies and town or parish councils. Our aim is to help improve local communities and the lives of people most in need.

Have you got something to tell us?

We would like to feature more articles from our member organisations.. So you could write a short article to tell us about your organisation and promote its activities or tell us about a special event which you are organising. Please put them in a Word document or PDF file and email them to dianefarr@hacvs.org or telephone Diane Farr on 01403 255277.



QUICK GUIDE TO LOTTERY FUNDING

For every £1 that the public spends on Lottery tickets, 28p goes to the Lottery good causes. It is difficult to summarise the lottery grants available – there are so many of them. The best thing is to go into www.lotteryfunding.org.uk and complete the questionnaire which will then direct you to the programme most suitable.

Arts Council England

This supports a range of artistic activities from theatre to music, literature to dance, photography to digital art, and carnival to crafts. You can apply for between £1,000 and £100,000 or up to £200,000 for a national activity. You can apply at any time. There are other Arts Council funding streams.

Awards for All, England

This offers grants of between £300 and £10,000 for projects that improve communities, and the lives of people within them. It is for voluntary and community groups, schools and health organisations, parish and town councils. You can apply at any time and for up to £10,000 per year.

The Sport England Small Grants Programme You can apply for any sum from £300 to £10,000 but the total project cost cannot exceed £50,000. This scheme is for not-for-profit organisations to deliver new community projects to grow or sustain participation in sport or to support talent development. There are a number of other Sport England funding opportunities available for facilities and other projects.

Your Heritage

This programme offers grants between £3,000 and £50,000 for projects that relate to heritage. The idea is to help people to learn about, look after and celebrate heritage in a fun and enjoyable way. Your Heritage is a rolling programme. There are a number of other Heritage Lottery Fund programmes.

Catalyst Scheme

This is £100 million scheme to boost private giving to the cultural sector. Catalyst is designed to enable arts and heritage organisations to diversify their income streams, to increase their fundraising potential and help them to explore new approaches to securing private giving.

Reaching Communities

This makes community awards between £10,000 and £500,000 to fund for up to 5 years. It funds projects that help people and communities most in need. Projects can be new or existing, or be the core work of your organisation and should aim to give people better chances in life, build stronger communities, improve the environment or lead to healthier and more active people.

Quarter of charities have 'drawn on reserves'

By David Ainsworth, Third Sector Online, 29 September 2010



Charity Finance Directors' Group poll shows charities have been forced to use reserves and cut services in the past year

More than a quarter of charities have drawn on their reserves and one in seven have cut services in the past year, according to a survey by the Charity Finance Directors' Group and accountancy firm PKF.

Twenty-eight per cent of the 380 UK-based organisations polled in June and July revealed they had dipped into their reserves as a result of the recession over the previous year.

Charities working internationally were the worst affected: 48 per cent said they had drawn on their reserves, even though they were the sector with the lowest reserves at the start of the recession.

In total, 77 per cent of charities that responded said they had been affected by the recession. The figures, will be published in a PKF report called *Managing Risk – Moving Towards the Vision*, next week.

Seventy-one per cent of charities polled said they expected at least one major income stream to decrease. Half of charities receiving grant and contract income expected to receive less money from these sources, including 73 per cent of charities with government contracts.

As a result, 41 per cent of charities said they had had to make cost savings and 14 per cent said they had had to cut services.

Looking ahead, two-thirds of charities felt they would be able to adapt for a 10 per cent drop in income, but only one in 10 said they could cope with a 20 per cent fall in income.

"The survey shows that the recession is affecting income," the report said. "Although some have been able to continue as they were, many have had to reduce costs or services or to draw on reserves."

"Levels of reserves were strong for many at the start of the recession, but such reliance will not be sustainable for long," it warned.



County Times Community Awards 2011



Congratulations to the winners of the County Times Community Awards held in association with Horsham District Council, celebrating the outstanding people who have made a real difference in our community.

Outstanding Teacher

Gabrielle Aldrich

Friend of the Environment

Billingshurst Primary School

Best Community Organisation

Steyning Community Minibus Association

999 Awards

South East Coast Ambulance Service

Healthworker Awards

Sue Delia

Best Fundraiser

John Le Rossignol

Best Carer

Teresa Stevens

Charity of the Year

Salvation Army Horsham Branch

Good Sport Award

Richard Brock—Horsham Rugby Club

Best Neighbour

Chris Duffy

Volunteer of the Year

Sylvia Green and Fred Weston

Best Volunteer Group

Horsham Samaritans

Public Service Award

Horsham District Community Partnership

Local Hero

Joanne Pratt

Special Recognition

Norman Hewell

Achievement Award

Peter Sutton, Horsham 100

Response from Steyning Minibus

"It was with great pride that the Steyning Minibus received the County Times award for the Best Community Organisation in Horsham in October 2011.

We have been running now for 25 years and serve the villages round Steyning, taking their shopping and carrying their purchases to their door.

We were grateful to all those who voted for us".



TeenBiz is the UK's first business start up scheme aimed at teens 13-18
Launching 1st November, to coincide with Global Entrepreneurship week
www.gew.org.uk.

From the 1st January every month two students* will receive up to £500 start up funding, a business mentor and a start up pack. We're calling it 'Business in a Box' which will give students items they need to do business for real; for example Companies House set up, business cards, a website, a stationery voucher, office space, USB sticks, logo design, legal advice and virtual PA service. Winners will also receive a Natwest Business Bank Account.

TeenBiz aims to provide talented entrepreneurs a step on the ladder and over the next 3 years we aim to help 100 new businesses.

For more info: <http://www.teenbiz.org.uk/#>

Sussex
OAKLEAF

www.sussexoakleaf.org.uk

*helping people survive crisis and
recover control in their lives*



PRESS INFORMATION ISSUED ON BEHALF OF:

Sussex Oakleaf

Norris House, Burrell Road, Haywards Heath

West Sussex, RH16 1TW

T: 01444 459517 E:

info@sussexoakleaf.org.uk

Enterprising Cafés offer employment to people with mental health difficulties

Two hospital cafés serving inpatients and visitors in West Sussex have been transformed into social enterprises where people recovering from mental illness can find paid employment and retraining opportunities. The official launches were Meadowfield, Worthing, 8 Nov, and Langley Green, Crawley, 10 Nov.

Sussex Partnership NHS Foundation Trust, which runs psychiatric hospitals in East Sussex, West Sussex and Brighton & Hove, has awarded a catering contract to Sussex Oakleaf, a social enterprise which specialises in helping people survive and recover from mental health difficulties, substance misuse and homelessness.

The hospital cafés are at two of Sussex Partnership's most modern inpatient units: architectural award winning Langley Green Hospital in Crawley and Meadowfield Hospital in Worthing.

While offering people a tasty, nutritious choice of sustainably sourced food, the cafés will be used to help people using services train and find employment in the catering and hospitality industry.

The catering agreement with Sussex Oakleaf, who have a well-established reputation for helping people who have been out of work for long periods, means that several part time paid employment posts and work experience opportunities are created for people using these services.

The cafés intend to expand their facilities by offering internet and computing facilities and space for artwork created by self-employed artists. Information on positive food and mood and healthy eating will also be available to customers.

Wendy Walker, Professional Lead Occupational Therapist at Sussex Part-

nership, said, 'The availability of friendly, welcoming social environments is highly significant in supporting a person in their recovery from mental illness. Cafés are great settings for relationship building and exchanging knowledge and that's why offering employment and training options is such a good opportunity.'

'We are confident that the cafés under Sussex Oakleaf's management will become vital community hubs for people using services, their families as well as for staff. This is an excellent example of Sussex Partnership working closely with the third sector.'

Robert Jones, Sussex Oakleaf Chief Executive, said, 'We're very excited about this - throughout the organisation. Working in partnership with other organisations and developing employment opportunities with service users are fundamental to the way that Sussex Oakleaf works in communities.'

'We can build on our existing experience of social enterprise and of involving clients in operating cafes in community settings. This is also a terrific opportunity to offer wholesome, locally sourced food in an environmentally sound and sustainable way.'

Cafe staff will also consult with customers about further products as the cafes develop – already on the cards are specialty sandwiches and a Tuesday afternoon cream tea in Worthing.



INVESTOR IN PEOPLE



let's end mental health discrimination



Christmas Dementia Café

The Alzheimer's Society are running a Christmas Dementia Café in between Christmas and the New Year. This can be a difficult time of year for some so they would like to encourage people caring for someone with dementia to come along with friends and family to join them, and other families—those in a similar situation - for an evening of festive singalongs, and scrumptious festive nibbles. De-café will be held at Lavinia House, Dukes Square, Denne Road, Horsham from 6pm - 8pm on Thursday 29th December. For further information please call Dawn Fairbrother on 01403 750485 or 07720 948990.



Horsham Matters have completed the next stage of their development with the opening of a new warehouse in Blatchford Road, Horsham. Following a meeting of the Development Management Committee at Horsham District Council on Tuesday 1st November, the former Tanfield Garage site, location of the Community Charity Centre, is set to be divided in two. Horsham Matters will retain one half but the other half will become a local supermarket.

“This is a great opportunity for us” says Chief Executive David Sheldon. “Having a supermarket on our doorstep will bring a lot more customers on to the site and we hope that many of them will also want to come and have a look at what we have to offer.”

In order to replace the area that was formerly used as storage, the charity has taken a lease on a warehouse in Blatchford Road and is now taking donations there rather than at the Charity Centre.

“Local residents have been incredibly generous and we simply can’t fit everything into the space we will have at the Tanfield Garage site,” explains David. “We are now asking customers to bring donations to the warehouse, where we have the facilities to sort and store them properly.”

The Horsham Matters warehouse is at Micah House, Blatchford Road, and is open from 10am to 3pm Tuesday to Saturday. Full details of the location and the types of goods they can accept can be found on their website www.horsham-matters.org.uk.

“We chose the name Micah House, based on the Old Testament book of Micah. Micah has a lot to say about justice and we believe much of it is very relevant to us today and what we are trying to achieve through Horsham Matters. In the words of Micah we strive ‘to act justly, to love mercy and to walk humbly with our God’.”

As well as growing the business side of the organisation, the charitable side has also been extremely active. “We are receiving an increasing number of requests for assistance with furniture and household goods” says Vida Lyne, Community Relations Manager. “We are able to help with most requests but are always on the lookout for good quality white goods such as cookers, fridges and washing machines. We have a number of requests from people being housed by the Council for the first time and it’s always a scramble to get everything ready for them when they move in”.

Over the past few months, the charity has also been able to make grants from their Community Fund to a number of other local charities, including Phoenix Stroke Club, for the refurbishment of their kitchen; the WI for a their 'Let's Cook' project, which teaches basic cookery to young mums; and Billingshurst Children and Family Centre for their monthly Family Breakfast sessions. "We believe that God has really blessed us through donations by local residents and in turn we want to share that with other local groups. Making grants is one practical way in which we can do that" says David.



Kynan Light who recently joined us on our Work Experience and Training Programme. This programme is designed to provide young people who have limited qualifications and who are currently unemployed with an opportunity to get some basic work experience and where possible relevant training.

Horsham Matters has also set up The Horsham Young Persons' Advocacy Service - see page 24.

The Hate Incident Support Service

The Hate Incident Support Service monitors the reporting of hate crimes and hate incidents across West Sussex. These are incidents that have been perceived by either the victim, third party or witness to have been motivated by racism, faith, homophobia, transgender or disability. All hate crimes or incidents should be reported to Victim Support Sussex either by telephoning: 0845 3899 528 or by going online at: www.westsussex.gov.uk/harmreduction

The service is also able to offer free one-to-one emotional and practical support to victims of hate crime. Awareness training around hate crime can be provided to any organisation or community group. If anyone is interested, please call Helen Ranasinghe on: 01293 613010.

V VOLUNTEERING
I IN
P PARTNERSHIP



meeting people

*feeling
valued*

Volunteering in Partnership is a project that aims to prepare individuals to apply for volunteering opportunities in Horsham District through a series of workshops. Topics covered will include:

*helping
others*

confidence

- Interview skills
- Selecting the right voluntary role
- What an organisation expects from a volunteer

independence

CONTACT :Horsham Volunteer Centre

Tel: 01403 232100

email: Horshamvc@hacvs.org

WSSC Bus Survey



West Sussex County Council has launched a bus user survey in respect of their subsidised routes. They want feedback from bus users in order to assist them in making decisions in respect of the next round of bus service cuts. The closing date for feedback is 17 January 2012. The survey form will be available on www.westsussex.gov.uk/buses and there will also be a link from : www.compass-travel.co.uk



Welcome to
ICIS: information for life
Enabling people in **West Sussex** to find help

The Autumn 2011 issue of ICIS News is now available to download from:

<http://www.icis-info4life.org.uk/FindInformation/newsletter.htm>

The ICIS News is distributed four times a year to service providers in West Sussex to share information and promote services.

Each issue contains:

- New organisations and services in West Sussex, regionally and nationally
- Events, conferences, training and leisure opportunities locally, regionally and nationally
- Publications on a wide variety of topics
- Services that are no longer running
- Information about the ICIS service



**Horsham
District
Council**

Fuel Poverty Training

Tuesday 10th January 10am -11.30am

Do you or your team visit or deal with:

- Older people
- People on low income
- People with long term health problems

With energy prices rising at unprecedented levels, more and more people are finding themselves having to choose between "heat" or "eat". Would you know how to spot someone whose health is at risk by living in a cold home? Do you know that help is available?

Horsham District Council is hosting a Fuel Poverty Training session for frontline staff on Tuesday 10th January 2012. Would you like to come to find out more? To book your place please email Gill Daniel, Environmental Coordinator gill.daniel@horsham.gov.uk



Tackling Child Poverty in West Sussex 2011 – 2014

Tackling Child Poverty has been written in response to the 2010 Child Poverty Act that enshrines in legislation the government's commitment to eradicate child poverty by 2020. The Coalition strategy was published in 2011 and sets out challenging targets for the reduction of child poverty. This report provides the needs assessment and framework for taking forward this work in West Sussex.

The aims of this report are to:

- Provide a framework for actions to be taken by organisations which will reduce child poverty in West Sussex
- Articulate the policy direction on child poverty in West Sussex so that there is clarity across organisations
- Provide a coherent approach to prioritisation, investment and delivery that can be used across organisations to reduce duplication and maximise benefits
- Place the Child Poverty Needs Assessment and Framework for West Sussex within the local context of the 'Think Family' approach agreed by West Sussex Co-operative and West Sussex County Council, and within the national context of the requirements of the Child Poverty Act 2010

The report is available online at:

www.westsussex.nhs.uk/publications

www.westsussex.gov.uk/reports.childrens.socialcare&health

Or contact the Public Health team by emailing Laura.Lewis@westsussexpct.nhs.uk or calling 01243 815175.

NHS COLD WEATHER PLAN FOR ENGLAND – 2011/2012

Protecting Health and Reducing Harm from Severe Cold

The first national Cold Weather Plan (CWP) for England has just been published. The CWP sets out the arrangements that will apply, and the actions that can be taken in advance of, and during, a spell of severe cold weather.

Why is cold weather an important health issue?

On average, 27,000 additional people die in England over the winter months because of cold weather when compared with other times of the year. The death rate in England is far higher than that in comparable countries. With better preparation for cold weather, thousands of lives could be saved each year. It is also estimated that cold weather costs the NHS over £850 million, as a result of treating disease due to cold private housing.

The CWP draws attention to the dangers of cold weather to health and identifies a specific series of actions which can be taken in the preparations for winter and the response to a winter emergency. Our priority is to ensure that NHS and local authority public health and emergency planners take actions to reduce the impact of cold weather on health and to bring these actions into wider winter planning arrangements which already exist in all areas.

The Plan is available online at:

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_130564

The CWP is also being supported by the Keep Warm, Keep Well information resources: these provide advice on staying warm over the winter and staying in touch with people who may be vulnerable during cold weather, including the elderly, in order to reduce illness and deaths. Adverts will run on local radio stations and a leaflet will be available to download at <http://www.nhs.uk/Livewell/winterhealth/Pages/KeepWarmKeepWell.aspx>

Horsham Music Circle (HMC)

The Horsham Music Circle was formed in 1942 with the express purpose of providing an opportunity to broaden the appreciation and knowledge of music in the local community. Local, national and international professional musicians gain an opportunity to perform in Horsham. This includes those setting out on their career in music, rising stars, as well as established artists.

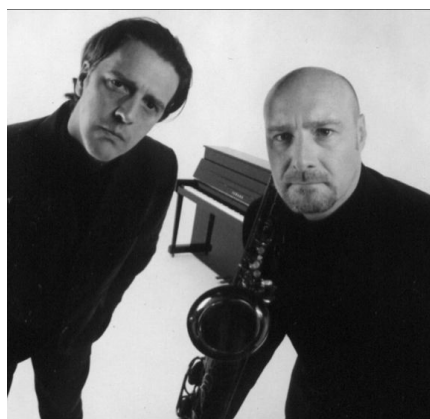
The repertoire of the music performed covers classical chamber music and recitals but with a splash of jazz, gypsy folk and other more avant-garde presentations from time to time all with the aim to widen and broaden the listener's musical experience.

The society which is run entirely on a voluntary basis is a registered charity. It is a subscription based, non-profit making organization, where the subscription income generated is used to pay for venues, artistes and attendant expenses incurred in staging concerts.

The Circle is now in its 70th Anniversary Season and the next presentation will be the highly popular **New Year Viennese Concert** in the Drill Hall on Saturday 7th January 2012 at 3pm. The programme includes many favourite melodies of the Strauss family plus new pieces and features members of Horsham Symphony Orchestra led by Enesqu String Quartet with sopranos Jill Elsworthy and Helen Whittington, dancers from Glynde Place Studio and Tom Jeffers who will compère the afternoon and delight us with the typical 'Schrammelmusick' for voice and guitar. Tea and Viennese Pastries can be enjoyed in the interval.



The season continues with performances by **Melissa Kenny** harp, **Harry & Simon** jazz pianist extraordinaire with multi-instrumental virtuoso in Cabaret and the international renowned cellist **Julian Lloyd Webber**.



For further details of our forthcoming events please visit our web site www.horsham-music-circle.org.uk or contact the Hon Secretary on 01403 252602.

Voluntary and community organisations to play a key role in helping children with special educational needs and disabilities

Voluntary and community organisations will help deliver key reforms to support children with special educational needs (SEN) and disabilities, and their parents.

The Children's Minister Sarah Teather announced contracts involving voluntary and community organisations which will deliver the support, including the Council for Disabled Children and I CAN, the children's communication charity.

The Department for Education is providing funding of around £6 million a year for two years to deliver the support.

The organisations will support the delivery of short breaks, provide greater information and help to parents, and help disabled young people and those with SEN prepare for employment, training and independent living after they leave school.

Children's Minister Sarah Teather said:

We're proposing some of the biggest reforms to special educational needs and to help disabled children and we're testing out the best ways of doing this over the next year, but it's important that children, young people and their families get help and support now, from organisations they trust.

That's why we're funding and extending programmes that have been successful so far and that parents have told us they value – like short breaks and helping young people make the often difficult transition from school to employment or training.

The successful contractors will provide knowledge and support on the delivery and improvement of local services and help the 20 SEN Green Paper pathfinder areas test some of the Government's key reforms.

The organisations and contracts are:

- The IMPACT consortium
- The Council for Disabled Children
- A consortium led by the National Development Team for Inclusion
- The ES Trust with the National Children's Bureau
- The Early Language Consortium, led by I CAN, the children's communication charity



Caring at Christmas Appeal 2011

Whilst Christmas is in theory a joyous occasion, the reality for many is that it is full of stress, financial worry and deep sadness. For generations The Salvation Army has worked throughout the world to help bring hope and meaning to the lives of as many people as we can.

Locally here in Horsham again this Christmas we will be holding our Caring at Christmas Appeal, supported by the Holbrook/Horsham Pages and the County Times. This is an opportunity for the people of Horsham to show that we do care for others and do want to make this season what it truly should be about.

First and foremost we would like to hear from you if Christmas will be difficult for you! Can we provide you with a food parcel, would some toys be helpful for you to give to your child?

Secondly we would like to hear from you if you could help and contribute any food, toys, toiletries etc for those who will require parcels this year. We also would love to hear from you if you would like to contribute some food towards our Christmas Day activities at our centre in Horsham.

Thirdly we would like to hear from you if you would value sharing Christmas day with us. This is a day provided free of charge by The Salvation Army with support from the people of this borough. A Carol Service starts the day, followed by refreshments, a Christmas Dinner, parcels, presents, entertainment, and a Christmas Tea to take home. This is open to everyone from the lonely, the homeless, the couples on their own, and the families struggling. We create one big family on this special day. Registration beforehand is asked, and we do ask people to stay the full day from 10:30-3:30 pm.



For further information, to make a donation or to submit requests please contact us on horsham@salvationarmy.org.uk, or telephone 01403 254624. Our address is Booth Way, Horsham, RH13 5PZ.

Gold Challenge is giving you the chance to be first to run 100m in the Olympic Stadium



Lord Coe and Sally Gunnell launch Gold Challenge Olympic Stadium event

Members of the public will get the chance of a lifetime to be the first to run in the Olympic Stadium through Gold Challenge, part of Sport England's mass participation legacy programme, *Places People Play*.

On 1 April 2012, Gold Challenge participants will have the chance to run the 100m or the 4 x 100m in the Olympic Stadium watched by friends, family and a cheering crowd of 20,000. They will be among the first people in the world to run on the track that will see the stars of Team GB and Paralympics GB compete against the world's best at next year's Olympic and Paralympic Games.

Part of Sport England's mass participation legacy programme, *Places People Play*, Gold Challenge is an independent initiative that aims to motivate over 100,000 people to test themselves in multiple Olympic and Paralympic sports, and in doing so raise millions of pounds for charity.

Supported by Team GB, the Gold Challenge event will be a unique thank you to people who have been inspired by London 2012 to get active and raise money for one of Gold Challenge's 150 charity partners.

With thousands of places up for grabs, securing a place is as simple as being fully registered for the Gold Challenge - selecting one of the challenges, a charity and a fundraising target. The highest fundraisers by 29 February 2011 will be guaranteed a place in the event, while the remaining places will be distributed by ballot and to a number of schools.

To find out more about the event and how you could secure a place, visit website <http://goldchallenge.org/stadium>.



MENTAL HEALTH CARERS SUPPORT GROUPS

Langley Green Hospital Drop-In

Drop-In held regularly in the reception area of Langley Green Hospital, Martyrs Avenue, Crawley from 12pm - 2pm. For more information contact the Mental Health Carers Support Team on 01293 657043.

November 9th and 23rd, December 7th and 21st, January 11th and 25th



Mental Health Carers Christmas Party

Wednesday December 15th 6.30 - 9.00pm

The Orchard, 1-2 Gleneagles Court, Brighton Road, Crawley

To book contact the Mental Health Carers Support Team on 01293 657043

Please note no Support Group meetings in December

CRAWLEY
MENTAL HEALTH
CARERS GROUP

This meeting takes place on the **third Wednesday of every month** and meets at Langley Green Hospital, Martyrs Avenue, Crawley from 7.00pm to 8.30 pm, unless otherwise stated.

Dates: November 16th, January 18th, February 15th

HORSHAM
MENTAL HEALTH
CARERS GROUP

This meeting is held at Horsham Hospital Club Room on the **last Thursday of every month** from 7:00 to 8:30 pm.

Dates: November 24th, January 26th, February 23rd

EAST
GRINSTEAD
MENTAL HEALTH
CARERS GROUP

This meeting takes place on the **first Tuesday of every month** at Springvale Community Mental Health Centre, Moat Road, East Grinstead from 7.00 to 8.30pm, unless otherwise stated.

Date: February 7th

HAYWARDS
HEATH
MENTAL HEALTH
CARERS GROUP

This meeting takes place on the **second Wednesday of every month** at Linwood Community Mental Health Centre, Butlers Green Road, Haywards Heath from 7.00 to 8.30pm, unless otherwise stated.

Dates: November 9th, January 11th, February 8th

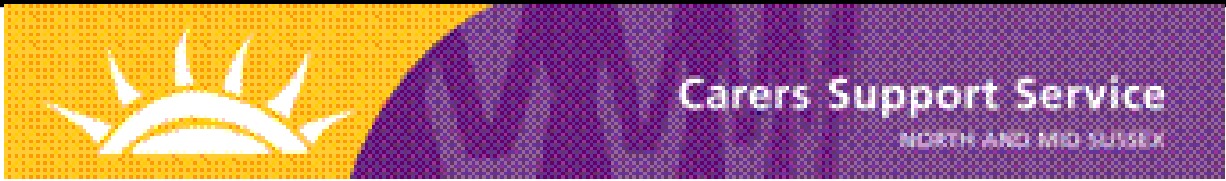
Carers Support Service North & Mid Sussex
The Orchard, 1-2 Gleneagles Court, Brighton Road, Crawley, RH10 6AD
Tel: 01293 657040
www.carerssupport.org.uk
Charity Number: 1123359 Company Number 6418743

CARERS OF ADULTS WITH LEARNING DIFFICULTIES

Carers Support Group at Signposts: The Old Post Office Resource Centre, Station Road, Burgess Hill. **First Friday of the month from 10.00am - 12.00pm.**
Dates: December 2nd, January 6th, February 3rd

Carers Support Group: Club Room, Horsham Hospital. **First Tuesday of the month 10.30am to 12.30pm.**
Dates: December 6th, January 3rd, February 7th

**For further information on all groups contact
Audrey Neate on 01293 657040.**



Winter 2011/2012 Events

<p>PARENT CARERS SUPPORT CRAWLEY, HORSHAM & MID SUSSEX</p>	<p>Meetings are held every other month in the Bill Buck Room, 1st floor, Crawley Library from 12.00pm to 2.00pm, unless otherwise indicated. Refreshments provided.</p> <p>For further information about the January 25th meeting please contact Ann Boss by leaving a message on 01293 657046.</p>
<p>EAST GRINSTEAD DROP-IN</p>	<p>Meetings are held every 3rd Wednesday at Glen Vue, Railway Approach, East Grinstead from 10.00am to 12.00pm.</p> <p>December 21st—Nicky Shute, Citizens Advice Bureau January 18th—Lyn Chappell, Carers Emotional Support February 15th—Cala Reeves, Boots Pharmacy</p>
<p>HORSHAM CARERS SUPPORT GROUP</p>	<p>Meetings are held every month from 2.30 to 4.00 pm and are held at Lavinia House, Dukes Square, Denne Road, Horsham unless otherwise indicated. Next meetings are: January 25th and February 29th . For further information contact Lyn Chappell or Amanda Harris-Evans on 01293 657040.</p>

Don't forget your flu jab !

And it doesn't give you flu – contrary to what the majority of people think.

People who have a liver disease, heart or chest problems, neurological conditions, those aged 65 or over and all pregnant women are among the groups being urged to make an appointment with their GP to have a flu jab if they haven't already done so.

Grant Shapps: Parish power can save struggling village shops and pubs

Local Government Minister Grant Shapps issued a new rallying cry to parish councils, to safeguard struggling village shops and pubs for the benefit of local people.

If a community shop, pub or village post office is threatened with closure, parish councils can use their powers to keep it running, including through the provision of financial support.

Parish councils can also start new community shops or services; by giving small grants or, where appropriate, borrowing to make an investment, such as purchasing a freehold on a property.

Ministers believe many parishes are not using these powers when they could, so Mr Shapps is making a new call on councils to sit down with their local community and make sure every effort is made keep rural services alive.

The Government is shifting more powers from Whitehall to neighbourhoods, so councils have new freedoms and flexibilities to protect local services and drive growth.

From next year new powers in the Localism Bill will enable parish councils, after negotiation with district councils, to offer discretionary business rates discounts for local businesses, and they will be able to better protect local shops through policies in their neighbourhood plan.

Local Government Minister Grant Shapps said:

"The village shop, pub or post office is often the beating heart of a community. So when one is threatened with closure, often for a reason as simple as the shop owner or pub landlord retiring, I would expect the local parish council to pull out all the stops to keep it going.

"Some have done this brilliantly, but many have watched local amenities close when the power to save them was within their grasp. This is not about propping up failing businesses; it is often about providing temporary financial assistance or putting new community-run facilities in place, so vital services that people rely on are maintained.

"So if an important local business is struggling, I would urge the parish council to sit down with their community and explore every option to keep it running for the benefit of local people."

Mr Shapps said that he had seen many examples of where parish power had been successful, such as:

- keeping a local Post Office in Worcestershire open by purchasing its freehold and keeping its rent low
- borrowing to invest in a new community shop in West Sussex, which will offer a range of services and be a hub for the local community; and
- using parish property in Devon to host a local Saturday market, and helping it expand by purchasing adjoining land.

Mr Shapps also called on parish councils to use National Pubs Week to start a conversation with the community about any local pubs that are under threat, and how they can be saved for the community.



Milland Parish Council, West Sussex

For many years Milland Parish Council wanted a Community shop in the village that could provide much needed retail and postal facilities, as well as a café, internet access for those less confident using the web, and emergency deliveries of groceries for the elderly and infirm during bad weather.

The shop was included in the Parish Plan, and to start the project off the Council took out a £40,000 Public Works Loan, which encouraged other funding bodies to provide grants totalling £110,000.

Working with the local community, the Council team raised further funds that took the total raised to £168,000, and an extra £30,000 was provided through village fund raising and events.

The building is now nearing completion, and is expected to become a true community hub that complements the social activity of the Village Hall and local churches.



The **HORSHAM YOUNG PERSONS' ADVOCACY SERVICE** is now fully operational following a successful pilot.

The service is there to support young people get their views and wishes heard when decisions are being made that affect their lives and they don't feel listened to or need someone to come alongside them as they work out how to deal with a situation they are facing.

Advocates (trained volunteers) deal with short term, task focused issues. It could be as simple as going with them for moral support to an appointment, help with completing forms, writing difficult letters or just having an adult with them as they face a new situation.

Any organisation can refer to the service if they have young people (aged 11 – 25yrs) living in the Horsham District who could benefit from this type of support.

The service is run by Horsham Matters in collaboration with Horsham Churches Together, West Sussex County Council, Horsham District Council, Youth Services, Information Shop, Connexions, YMCA & Outset.

If you would like further information or would like to make a referral please contact Liz Burt at Horsham Matters, Micah House, Blatchford Road, Horsham, West Sussex, RH13 5QR; email: lizburt@horsham-matters.org.uk; tel: 01403 211833.

Horsham Matters is part of Horsham Churches Together. Horsham Matters is a social enterprise that seeks to use money raised from the Charity Centre to provide new services in the community. The Advocacy Service is one of these.

The service has a steering group with representatives from Y Centre, HDC, Information Shop, Youth Services, Outset & WSCC.

Charity website: www.horsham-matters.org.uk



Mental Health Forum

Throughout 2010 and 2011 Horsham Area CVS and Crawley CVS worked in partnership to facilitate a Mental Health Forum for organisations working in Horsham District and the Borough of Crawley.

The next Mental Health Forum will be taking place on:

Tuesday 7th February 2012

10am to 12pm

**In: Lavinia House, Dukes Square, Denne Road, Horsham
RH12 1GZ**

Light refreshments will be available and everyone is welcome for networking. Do please bring along any of your organisation's leaflets and literature for sharing.

The purpose of the forum is to gain further understanding of issues associated with mental ill health, to create an awareness of the voluntary and community services that are available and to share information with one another about those services.

Forums are open to all interested individuals.

INDEPENDENT LIFESTYLES SUPPORT AGENCY



STAFF VACANCIES

We support individuals with Acquired Brain Injury, Learning Disabilities, Autism & Complex needs,
We are looking for Bank staff to start as soon as possible.

- Full/part time day and night workers
- People who are positive, enthusiastic, committed and flexible
- With good interpersonal and life skills
- Some experience of working with vulnerable adults

We will provide:

- Competitive rates of pay
- Excellent training opportunities
- Excellent working conditions and support

**For more details please contact Jo Fisher
01273 831699 agency@independentlifestyles.co.uk**

Membership Details

You should recently have received your annual membership details update form. Thank you to the fifty percent of members who have returned their forms to us. If you have still to return your form, please do so as soon as possible.

It is important to us that we don't lose contact with our member organisations.

dianefarr@hacvs.org or telephone Diane on 01403 255277.



Sussex Partnership



NHS Foundation Trust

A Service Update from Sussex Partnership NHS Foundation Trust

Better by Design is our programme to modernise services and make them more efficient. It is making it more convenient for people who use our services to get care closer to home.

Clinical teams have been working with people who use services and commissioners on a range of new services. Our community adult mental health service has been redesigned and transformed based on listening and acting on the views and feedback from GPs, commissioners and people who use services.

The biggest change is the launch of Sussex Partnership's new adult community mental health service based around Assessment and Treatment Centres (ATCs) supporting each community. This brings a strong local focus coupled with the ability to adapt swiftly and respond to the changing needs of those using the service, commissioners including GPs, and of the communities they serve.

The service makes a real contribution to the wellbeing of the local community and to its individuals by providing quick access to specialist assessment, a focus on recovery, and support for people to remain at home and receiving high quality specialist support in their local community. The ATCs will be based in hubs with supporting satellite clinics so that people have quick access to these services close to where they live. Alongside the introduction of the new service we have a programme to make best use of buildings and accommodation to make sure that the services are provided locally, from buildings that are suitable and efficient to run.

This service rolls out in a phased programme between November 2011 and April 2012. Further information will be available in due course. If you would like to know more please contact:

Patient Advice and Liaison Service, Sussex Partnership, Southdown Building, Swandean, Arundel Road, Worthing, West Sussex, BN13 3EP.

Telephone: 01903 843185

Email: pals@sussexpartnership.nhs.uk



We are looking forward to working with
you in the New Year
and send our best wishes for the holiday
period and for 2012



If you would like this newsletter IN LARGER TYPE just let us know.

Where reference is made to a website, please contact us if you do not have access to the Internet and would like further information about any particular topic. Views expressed in this publication are not necessarily those of HACVS. The information provided is for guidance and is not a recommendation by HACVS. Every effort is made to ensure the accuracy of the information but the trustees and staff bear no responsibility for any dealings readers may undertake.

This is **your** newsletter and we invite contributions from groups and individuals on matters of interest to the voluntary sector. Pressure of space may necessitate the editing of some material. Contributions for the next edition should be emailed or posted to us by 3rd February 2012 .